

**Malaviya Mission Teacher Training Centre
Assam University, Silchar**

Invites you to join
Multidisciplinary Short-Term Training Programme (STTP)
On
“Mental Health for the Teachers of HEIs in India”
(This programme is equivalent to a one-week FDP for CAS)

Organized by
Department of Social Work, Assam University, Silchar
Under the aegis of
Malaviya Mission Teacher Training Centre (MMTTC)
Assam University, Silchar

(08th December to 13th December 2025)

Who can attend	Faculty members of Central & State Universities/ Deemed Universities/ Private Universities/ Affiliated Colleges/ Institutions of National Importance, and other HEIs.	
Programme Highlights	<ul style="list-style-type: none"> Understanding Mental Health and Wellbeing Stress, Anxiety, and Burnout in Higher Education Self-care and Resilience for Teachers 	<ul style="list-style-type: none"> Supporting Students' Mental Health Institutional Roles and Policy Frameworks
Attendance	Compulsory in all the sessions	
Time	10:00 AM to 5:00 PM	
Last Date to Receive Applications	05/12/2025	
Programme Mode	Online	
Certification	Participants who attend all sessions and undergo multifaceted evaluation will be provided a certificate of successful program completion.	
Registration	No Registration Fee Scan the QR Code for Registration details	



Organizing Committee

Chief Patrons

Prof. Rajive Mohan Pant
Hon'ble Vice Chancellor
Assam University, Silchar, Assam

Patrons

Prof. R. Balakrishnan
Department of Education, Assam University, Silchar
Director, UGC- MMTTC, Assam university, Silchar

Prof. Joyati Bhattacharya
Dean, Jadunath Sarkar School of Social Sciences

Programme Chairs

Prof. Ajay Kumar Singh
Department of Education, Assam University, Silchar, Assam
Deputy Director, UGC- MMTTC, Assam university, Silchar

Prof. Tarun Bikash Sukai
Head, Department of Social Work
Assam University, Silchar

Program Coordinator
Dr. Kathiresan Loganathan
Associate Professor
Department of Social Work, Assam University Silchar



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For any technical support regarding the registration, kindly contact

Email: **mmttcaus@gmail.com**

Website: <http://www.aus.ac.in/mmmttc-aus/>