



ASSAM UNIVERSITY SPORTS BOARD



CELEBRATION OF INTERNATIONAL DAY OF YOGA

As per directive of UGC, Ministry of Education, Govt. of India; Ministry of AYUSH and approval by Honorable Vice- Chancellor, Sports Board, Assam University Silchar shall celebrate **11th International Day of Yoga** on **21st June 2025**. In this regard Assam University Sports Board shall organize Essay writing competition and E-Poster making competition. All the Students of Assam University, Silchar are requested to participate to make the event a grant success.

E-Poster making Competition

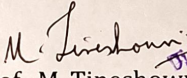
Theme: "Yoga for One Earth One Health."

Essay Competition: (English Medium)

Theme: "Yoga for One Earth One Health."

Word limits: Maximum word limit 1000.

All the participants are requested to submit their essay and E- Poster on the following mail ID: assistantdir_sports@aus.ac.in before 13th June 2025. The results will be announced on 19th June 2025 and prizes will be distributed on 21st June 2025 at 8.00 am.

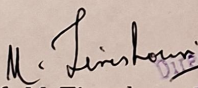

Prof. M. Tineshowri Devi
Director, Sports Board
Assam University, Silchar

No. AU/SPE/157/15

Date 30-05-2025

Copy for kind information and wide circulation to:

1. PS to VC for kind information of the Hon'ble Vice Chancellor
2. All Deans
3. Registrar / Finance Officer/COE /Librarian
4. HODs of all Academic Deptts
5. Director, CDC / Director, IQAC
6. Director, Computer Centre. He is also requested to upload the same in the University Website.
7. PRO
8. All other officers
9. DSW / Proctor
10. Wardens of Girls Hostels – 1, 2, 3, 4,5 & 6 and Boys Hostels – 1, 2, 3,4, & 5.
11. Security & Vigilance Officer
12. President & Secretary, AUTA / AUNTEA
13. President, General Secretary & Secretary, Sports – AU Students Union


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