



ASSAM UNIVERSITY SPORTS BOARD



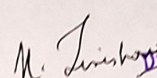
CELEBRATION OF INTERNATIONAL DAY OF YOGA

21st June 2025, Saturday

Assam University Sports Board under the aegis of Assam University Silchar will organize **Yoga sessions** as part of the celebration of the **Yoga Sangam**, the flagship event **11th International Day of Yoga on 21st June 2025, Saturday** at the **Netaji Mukta Mancha** of the University. The students, research scholars, teaching and non-teaching staff, and their family members are invited to attend and actively participate in the programme.

All the participants are requested to reach the venue before 6.30 am.

Timing: **7.00 am to 9.00 am**

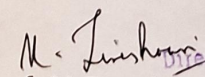

Prof. M. Tineshowri Devi
Director (Sports Board)
Assam University, Silchar

No. AU/SPE/157/15

Date 30 - 05 -2025

Copy for kind information and wide circulation to:

1. PS to VC for kind information of the Hon'ble Vice Chancellor
2. All Deans
3. Registrar / Finance Officer/COE /Librarian
4. HODs of all Academic Deptts
5. Director, CDC / Director, IQAC
6. Director, Computer Centre. He is also requested to upload the same in the University Website.
7. PRO
8. All other officers
9. DSW / Proctor
10. Wardens of Girls Hostels - 1, 2, 3, 4,5 & 6 and Boys Hostels - 1, 2, 3,4, & 5.
11. Security & Vigilance Officer
12. President & Secretary, AUTA / AUNTEA
13. President, General Secretary & Secretary, Sports - AU Students Union


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